



Mission

By implementing the Guiding Good Choices® program, the Community Outreach and Education Division seeks to improve family management and communication skills among parents who complete the course. It is the intention of the Community Outreach and Education Division for parents who complete the course to become positively and consistently engaged with their children, utilize the techniques of the program curriculum, and unequivocally convey their disapproval toward drug use to their children, which has been shown to reduce alcohol abuse and drug usage.

To request a **FREE**
workshop in your area
contact

The Office of the Arizona Attorney
General
Tom Horne

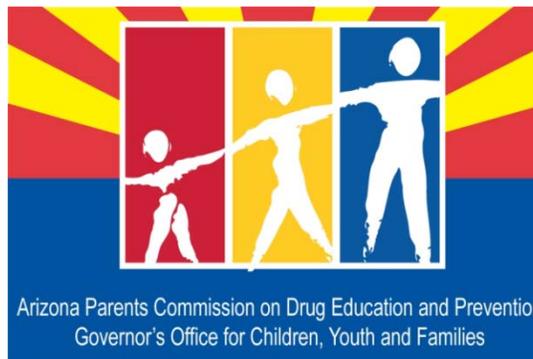


Community Outreach and
Education Division

Phone: 602.542.2123

www.azag.gov/good-choices

Grantor



Education and Drug
Prevention Program for
People Parenting
Children

Presented By



The Office of the Arizona
Attorney General
Tom Horne

Did you know...

- Arizona was one of the top ten states for rates of drug-use in several categories, including:
 - past-month use of illicit drugs other than marijuana among persons age 12 or older
 - past-year cocaine use among persons age 12-17
 - past-year non-medical use of pain relievers among persons age 12 or older (Whitehouse.gov)
- The rate of drug-induced deaths in Arizona exceeds the national average.
- National death rate is 12.7 per 100,000. Arizona's death rate is 15.5 per 100,000 population.
- Arizona is ranked the sixth highest state for prescription drug abuse.
- 60% of teens who have abused prescription pain killers did so before age 15.
- 12 to 17 year olds abuse prescription drugs more than they abuse ecstasy, heroin, crack/cocaine, and methamphetamine combined.



Guiding Good Choices®



Guiding Good Choices® is an evidence-based program designed to teach people parenting children the skills that can help prevent drug and alcohol abuse in their families. This program utilizes lecture, video, interactive activities and home practice which can be used to create a healthier family environment.

Workshops for People Parenting Children



Session One

Getting Started: How to Prevent Drug Use in your Family

Session Two

Setting Guidelines: How to Develop Healthy Beliefs & Clear Standards

Session Three

Avoiding Trouble: How to Say No to Drugs(only session children are encouraged to attend w/parents)

Session Four

Managing Conflict: How to Control & Express Anger Constructively

Session Five

Involving Everyone: How to Strengthen Family Bonds

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